

# VESAK – BUDDHA’S BIRTHDAY - MEDITATION RETREAT

SUNDAY, JUNE 09

5 – 7 pm



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**TULSA YOGA MEDITATION CENTER**  
**(51<sup>st</sup> & Sheridan – Farm Shopping Center)**

**Join with others around the planet to celebrate  
Buddha’s birthday - meditation, reflection  
and learning.**

Retreat led by Victor M. Parachin, M. Div., author of several books including *Think Like The Buddha: 108 Days of Mindfulness* and *Eastern Wisdom For Western Minds*.

**REGISTRATION** - \$50

Register via email: [vmnamaste@gmail.com](mailto:vmnamaste@gmail.com)

Send payment via **PayPal**