

MEDITATION RETREAT SANGHA DAY



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Friday, March 22th, 6 – 8 pm
Tulsa Yoga Meditation Center
(Farm Shopping Center 51st & Sheridan)
Sangha Day celebrates the Buddha's establishment
of the spiritual community, the sangha.
Join the celebration for
meditation, chanting, dharma talk.

Led by Victor M. Parachin, M. Div., a yoga and meditation teacher, author of several books including *Eastern Wisdom For Western Mind* and *GPS For Our Souls: A – Z Coordinates For Enlightenment*.

REGISTRATION - \$45 prepaid registration by Wed. March 20th
- \$55 (After March 20th)

MAIL REGISTRATION/PAYMENT TO: OR USE **PAYPAL**

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