

**Saturday
May 18, 2024
11:00am-6:00pm**

Reiki II

Cost: \$175 for Reiki II is due by **May 11, 2024** and payable by cash, check, PayPal (jparachin@cox.net) or Venmo (Janet-Parachin). *Tuition is nonrefundable and will be applied to a future class.*

Location: Tulsa Yoga Meditation Center, 5319 S Sheridan Rd in The Farm Shopping Center

Meet your instructor:

Janet Parachin is a certified Yoga teacher and Yoga therapist and has completed over 2000 hours of training in yoga anatomy, restorative and therapeutic yoga, Reiki and Ayurveda. She is a certified Reiki Master Teacher. As Director of Yoga Spirit Academy yoga teacher training program and a founding teacher at Tulsa Yoga Meditation Center, she teaches so that all may be free in body, mind, heart and spirit.



For more information:

Janet Parachin
918-261-9786
jparachin@cox.net

- In this powerful class you will learn about and practice Reiki, the Japanese energy technique for stress reduction, relaxation and healing. Through lecture, discussion, meditation and practice you will become more in tune with the energetic body and be able to give Reiki to yourself and others, even at a distance. *Note: Reiki I is the prerequisite for Reiki II.*
- This lineage is Holy Fire® World Peace Reiki. Practitioners from other lineages are welcome to upgrade to World Peace Reiki by presenting any Reiki certificate.
- In Reiki II, learn the Reiki symbols and mantras to increase the Reiki energy; receive the Reiki II Placement and practice several ways to send Reiki at a distance, into the past and into the future.
- Reiki training is interesting, informative and deeply healing. Your Reiki journey begins the moment you decide to study Reiki. Are you ready to begin?
- *All participants will receive handouts and a certificate of completion. There will be a 1-hour lunch break.*

Registration form for Reiki II on May 18 2024

Name for certificate _____

Address _____

Phone number _____

Email _____

Make check payable to
Janet Parachin
11134 E 75th Pl
Tulsa, OK 74133

\$175 due by May 11

Amount enclosed \$_____

PayPal: jparachin@cox.net
Venmo: Janet-Parachin