

**Sunday  
July 28, 2024  
10:00am-5:00pm**

# Reiki II

**Cost:** \$175 for Reiki II is due by **July 21, 2024** and payable by cash, check, PayPal (jparachin@cox.net) or Venmo (Janet-Parachin). *Tuition is nonrefundable and will be applied to a future class.*

**Location:** Tulsa Yoga Meditation Center, 5319 S Sheridan Rd in The Farm Shopping Center

**Meet your instructor:**

Janet Parachin is a certified Yoga teacher and Yoga therapist and has completed over 2000 hours of training in yoga anatomy, restorative and therapeutic yoga, Reiki and Ayurveda. She is a certified Reiki Master Teacher. As Director of Yoga Spirit Academy yoga teacher training program and a founding teacher at Tulsa Yoga Meditation Center, she teaches so that all may be free in body, mind, heart and spirit.



**For more information:**

Janet Parachin  
918-261-9786  
jparachin@cox.net

- In this powerful class you will learn about and practice Reiki, the Japanese energy technique for stress reduction, relaxation and healing. Through lecture, discussion, meditation and practice you will become more in tune with the energetic body and be able to give Reiki to yourself and others, even at a distance. *Note: Reiki I is the prerequisite for Reiki II.*
- This lineage is Holy Fire® World Peace Reiki. Practitioners from other lineages are welcome to upgrade to World Peace Reiki by presenting any Reiki certificate.
- In Reiki II, learn the Reiki symbols and mantras to increase the Reiki energy; receive the Reiki II Placement and practice several ways to send Reiki at a distance, into the past and into the future.
- Reiki training is interesting, informative and deeply healing. Your Reiki journey begins the moment you decide to study Reiki. Are you ready to begin?
- *All participants will receive handouts and a certificate of completion. There will be a 1-hour lunch break.*

Registration form for Reiki II on July 28, 2024

Name for certificate \_\_\_\_\_

Address \_\_\_\_\_

City + State \_\_\_\_\_ Zip code \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Make check payable to  
Janet Parachin  
11134 E 75th Pl  
Tulsa, OK 74133

\$175 due by July 21

Amount enclosed \$\_\_\_\_\_

PayPal: jparachin@cox.net  
Venmo: Janet-Parachin